



WILD WOOD OILS  
*of Australia*

## AUSTRALIAN WHITE CYPRESS OIL

*Callitris glaucophylla*

The Australian White Cypress has long held a place in Aboriginal culture. Australia's Indigenous people have traditionally used the timber and resin to create tools and ceremonial objects, as well as using the oil as an anti-inflammatory in their bush medicine.

Commonly seen across inland Australia, there are 14 species of native Australian cypress trees. Commercially, *Callitris glaucophylla* is one of the more highly regarded as its heartwood is resistant to termites and beetles. As an essential oil it has significant calming and anti-anxiety properties.

White Cypress is sourced from Government managed wild stands across Australia. After harvesting, the oil is extracted from the timber over 48 hours via steam distillation, producing pure essential oil.

### MAIN ACTIVES

guaiol: anti inflammatory

eudesmol: anti bacterial

sesquiterpenes: anti inflammatory



### CHARACTERISTICS

Australian White Cypress Oil, is distilled from the trunk and branches of the tree. The Oil has a mild yellow, honey colour with forest green tones and possesses a cleansing, earthy aroma.

### USAGE

Australian White Cypress Oil blends well with floral, citrus and eucalyptus notes. It can be used in skincare formulations and perfumes, where it possesses some fixative qualities. It also has many uses as an essential oil, particularly in aromatherapy

where its calming and grounding qualities can help combat anxiety. Some other benefits can be found in its anti-bacterial and anti-inflammatory properties.

### TRADITIONAL HISTORY

Aboriginal Australian's have traditionally used White Cypress timber to make spears, spear throws, ceremonial objects, paddles and music sticks. *Callitris glaucophylla* has also been used in bush medicine to treat symptoms of colds and flu as well as a lotion for allergies, rash and skin irritation.

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*Distillation specialists of Australian  
woody essential oils.*